

Interim monitoring report on statutory funded residential rehabilitation placements

Placements approved between 1 April 2021 to 30 September 2024

A Management information release for Scotland

Publication date: 17 December 2024









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Users should therefore be aware of the aspects of data quality and caveats surrounding these data, all of which are listed in this document.

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Contents

Introduction	4
Note about the Ward 5 data in this report	4
Background	4
About this report	4
Main Points	6
Findings	7
Placements approved in the past six months	7
Total number of approved placements	7
Placements approved by ADPs, Ward 5 and the National Mission	7
Estimated cost of approved placements	7
Approved placements by gender	8
Approved placements by type of substance use	8
Placements approved since 1 April 2021	8
Contact	13
Further information	13
Rate this publication	14
Appendices	15
Appendix 1 – Publication metadata	15
Appendix 2 – Early access details	18
Pre-release access	18
Standard pre-release access:	18
Early access for management information	18
Early access for quality assurance	18
Appendix 3 – PHS and official statistics	19
About Public Health Scotland (PHS)	19

Introduction

Note about the Ward 5 data in this report

Ward 5 of the Woodland View mental health facility and community hospital in NHS Ayrshire and Arran resubmitted data on the number of placements in their facility, and the estimated costs of these placements, for financial years 2021/22, 2022/23 and 2023/24. As a result, an additional 63 placements are now included in the total number of placements approved for statutory funding in this report: 44 in 2021/22, 17 in 2022/23 and 2 in 2023/24. An additional £1,966,572 is now included in the total estimated cost of placements approved for statutory funding in this report: £1,456,164 in 2021/22, £480,384 in 2022/23 and £30,024 in 2023/24.

Background

The Scottish Government's Residential Rehabilitation programme was launched in April 2021 as part of the wider National Mission to reduce drug deaths and improve the quality of life of those impacted by drugs. The programme aims to improve access to residential rehabilitation.

Residential rehabilitation refers to different models of care offered for the treatment of substance use in residential settings. The Scottish Government has set a target of 1,000 individuals publicly funded to go through residential rehabilitation per year by 2026.

About this report

This report presents a high-level overview of the number of residential rehabilitation placements approved for funding under the Residential Rehabilitation programme between April 2021 and September 2024. This includes placements approved by:

• local Alcohol and Drug Partnerships (ADPs).

- the Scottish Government, using funds that are managed centrally for some residential rehabilitation placements (e.g. under the Prison-to-Rehab pathway). These placements are reported as National Mission funded in this report.
- Ward 5 of the Woodland View mental health facility and community hospital
 in NHS Ayrshire and Arran. Ward 5 is a residential unit for Ayrshire and
 Arran residents who have an alcohol or drug problem and mental health
 issues. Ward 5 offers detoxification followed by a four-week residential
 programme.

This report is part of an ongoing series of monitoring reports tracking the number of approved placements.

Full details of the methods used can be found in the **previous monitoring reports**.

Main Points

- In the last 6-month period, between 1 April 2024 and 30 September 2024, a
 total of 442 residential rehabilitation placements were approved for statutory
 funding in Scotland. This is a decrease of 37 placements when compared to
 April 2023 to September 2023 (n=479), and a decrease of 19 placements
 when compared to the previous six months (October 2023 to March 2024,
 n=461).
- Of the 442 placements, estimated cost data were available for 411 placements. The total estimated cost for the 411 placements was £5,808,843. This cost is made up of £4,467,271 for 330 ADP approved placements, £810,648 for 54 placements in Ward 5 Woodland View, and £530,923 for 27 Prison-to-Rehab placements.
- Overall, between 1 April 2021 and 30 September 2024, 2,795 residential rehabilitation placements (including ADP approved placements, National Mission funded placements and Ward 5 placements) were approved for statutory funding in Scotland.
- Of the 2,795 placements, estimated cost data were available for 2,670 placements. The total estimated cost for the 2,670 placements was £29,363,134.

Findings

Placements approved in the past six months

This section describes placements approved in the past six months. Therefore, the data refers to the overall period 1 April 2024 to 30 September 2024.

Total number of approved placements

Between 1 April 2024 and 30 September 2024, a total of 442 residential rehabilitation placements (including ADP approved placements, National Mission funded placements and Ward 5 placements) were approved for statutory funding in Scotland. This is a decrease of 37 placements when compared to April 2023 to September 2023 (n=479), and a decrease of 19 placements when compared to the previous six months (October 2023 to March 2024, n=461).

Placements approved by ADPs, Ward 5 and the National Mission

Of the 442 approved placements, 333 placements were approved by ADPs; 54 placements were approved by Ward 5 Woodland View in NHS Ayrshire and Arran, and 55 placements were approved through the Scottish Government's National Mission Programme.

The 55 approved placements using National Mission funding include the following services: the Prison-to-Rehab pathway (n=27); Phoenix Futures Harper House Specialist Family Service Scotland (n=17); River Garden Auchincruive (n=6) and Aberlour Mother and Child Recovery House (n=5).

Estimated cost of approved placements

Of the 442 approved placements, estimated cost data were available for 411 placements. Cost information was not available for Aberlour Mother and Child Recovery House; River Garden Auchincruive and Phoenix Futures Harper House Specialist Family Service Scotland¹.

The total estimated cost for the 411 placements was £5,808,843. This cost was made up of £4,467,271 for 330² ADP approved placements; £810,648 for 54 placements in Ward 5 Woodland View; and £530,923 for 27 Prison-to-Rehab placements.

¹The Scottish Government provides revenue funding for these services through the Residential Rehabilitation Capacity Programme and the Whole Family Wellbeing Fund.

²Two ADPs did not submit complete cost information.

Approved placements by gender

Of the 442 approved placements, data on gender were available for 415 placements. Gender information was not available for the 27 Prison-to-Rehab placements.

Of the 415 placements, 65% were for males (n=268) and 35% of placements were for females (n=147).

Approved placements by type of substance use

Of the 442 approved placements, data on substance use were available for 415 placements. Substance use information was not available for the 27 Prison-to-Rehab placements.

Of the 415 placements, 53% (n=220) were for people with problematic alcohol use, 29% (n=122) were for people with problematic drug use, and 18% (n=73), were for people with co-dependency.

Placements approved since 1 April 2021

This section describes placements approved since the start of the Residential Rehabilitation programme in April 2021. Therefore, the data refers to the overall period April 2021 to 30 September 2024.

Overall, 2,795 residential rehabilitation placements (including ADP approved placements, National Mission funded placements and Ward 5 placements) were approved for statutory funding in Scotland.

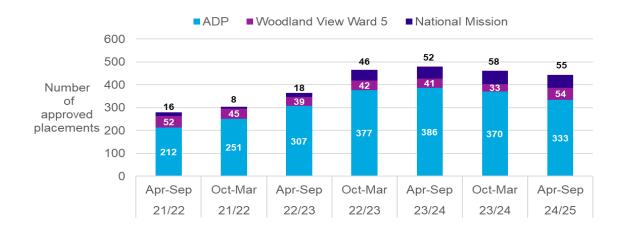
This included 584 placements in financial year 2021/22, 829 placements in financial year 2022/23, 940 placements in financial year 2023/24 and 442 placements in the first six months of the financial year 2024/25.

Of the 2,795 approved placements, estimated cost data were available for 2,670 placements. The total estimated cost for the 2,670 placements was £29,363,134.

Of the 2,795 approved placements, 2,236 placements were approved by ADPs; 306 placements were approved by Ward 5 Woodland View in NHS Ayrshire and Arran, and 253 placements were approved through the Scottish Government's National Mission Programme.

Figure 1 shows the number of residential rehabilitation placements approved for statutory funding in each six-monthly period since April 2021, split between ADP approved placements, Ward 5 placements and National Mission funded placements.

Figure 1: Number of residential rehabilitation placements approved for statutory funding since April 2021



Note: See notes to Table 1 and Table 2 for information about data definitions and revisions made to the data presented in this chart.

Table 1 shows the number of ADP approved placements by individual ADP, by financial year. Table 2 shows the number of National Mission funded placements by financial year. Statistical Disclosure Control techniques have been applied to the data due to the sensitive nature of the topic, and to reduce the risk of identifying clients, especially those from small geographic areas. Suppressed data have been denoted by an asterisk (*). The main reason for a nil return was no referrals were being made to the ADP for residential rehabilitation. Data marked as "not supplied" is where a return was not submitted. Data marked as "NA" is where the provider was not yet operational.

Table 1. Number of ADP approved placements since April 2021

Area	Financial Year 2021/22	Financial Year 2022/23	Financial Year 2023/24	Apr-Sep 2024	Cumulative Total
Aberdeenshire ADP	7	23	12	11	53
Aberdeen City ADP	Nil Return	7	15	5	27
Angus ADP	*	5	*	*	15
Argyll and Bute ADP	20	16	13	12	61
Borders ADP	5	5	19	5	34
City of Edinburgh ADP	57	50	74	38	219
Clackmannanshire & Stirling ADP ¹	*	11	12	5	*
Dundee ADP	21	19	15	5	60
Dumfries and Galloway ADP	Nil Return	22	6	5	33
East Ayrshire ADP	*	7	9	*	21
East Dunbartonshire	6	9	10	*	*
East Renfrewshire ADP	7	12	12	*	*
Falkirk ADP ¹	10	18	12	7	47

Area	Financial Year 2021/22	Financial Year 2022/23	Financial Year 2023/24	Apr-Sep 2024	Cumulative Total
Fife ADP	17	17	27	13	74
Forth Valley ¹	6	Submitted by ADP	Submitted by ADP	Submitted by ADP	6
Glasgow City ADP	109	162	157	81	509
Highland ADP ²	104	78	49	21	252
Highland 2-week Programme	Not Supplied	48	10	Nil Return	58
Highland 14-week Programme	Not Supplied	30	39	21	90
Inverclyde ADP	*	6	13	8	*
MELDAP (Mid Lothian and East Lothian ADP)	19	44	31	22	116
Moray ADP	8	7	*	*	21
North Ayrshire ADP	Nil Return	5	19	5	29
North Lanarkshire ADP	*	7	30	*	43
Orkney ADP	Nil Return	Nil Return	Nil Return	Nil Return	Nil Return
Perth and Kinross ADP	*	14	6	*	24
Renfrewshire ADP	*	9	9	9	*
South Ayrshire ADP	*	17	37	12	*
South Lanarkshire ADP	*	15	18	19	*
Shetland ADP	*	*	*	Not Supplied	5
West Dunbartonshire ADP	10	48	92	7	157

Area	Financial Year 2021/22	Financial Year 2022/23	Financial Year 2023/24	Apr-Sep 2024	Cumulative Total
Western Isles ADP	*	8	8	*	23
West Lothian ADP	29	43	40	22	134
Total ADP approved	463	684	756	333	2,236
Woodland View Ward 53	97	81	74	54	306

Table notes: Note 1. Data were previously aggregated under NHS Forth Valley for the 2021/22 Q1 and Q2 returns. Separate 2021/22 Q3 and Q4 returns were provided by Falkirk ADP and Clackmannanshire & Stirling ADP. Separate 2022/23 and 2023/24 returns from Falkirk ADP and Clackmannanshire & Stirling ADP are also presented in Table 1. Note 2: Data for Highland ADP include the number of approved placements for their 2-week and 14-week programme combined. Note 3: Data for Ward 5 Woodland View have been updated for 2021/22, 2022/23 and 2023/24, following a revised data resubmission by the facility. The data were revised from 53 to 97 in 2021/22, 64 to 81 in 2022/23 and 72 to 74 in 2023/24. An additional 63 placements were included across these three years.

Table 2. Number of National Mission funded placements since April 2021

Area	Financial Year 2021/22	Financial Year 2022/23	Financial Year 2023/24	Apr- Sep 2024	Cumulative Total
River Garden Auchincruive	Not Supplied	*	5	6	*
Aberlour Mother and Child Recovery House	N/A	*	9	5	*
Phoenix Futures Harper House - Specialist Family Service Scotland	N/A	*	32	17	*
Prison-to-Rehab	24	45	64	27	160

Area	Year	Year	Financial Year 2023/24		Cumulative Total
National Misson ¹	24	64	110	55	253

Note 1. Please note the services included in the National Mission funding are: Prison to Rehab; Aberlour Mother and Child Recovery House; River Garden Auchincruive and Phoenix Futures Harper House, Specialist Family Service Scotland. Data for 2021/22 only includes Prison-to Rehab Placements. Data from Q3 2022/23 onwards includes other services funded by the National Misson programme. River Garden was already operating prior to Q3 2022/23 but data on placements were only supplied from Q3 2022/23. Aberlour Mother and Child Recovery House and Phoenix Futures Harper House, Specialist Family Service Scotland both started operating in Q3 2022/23. Data were supplied from the start of their operations.

Contact

Sarah Mackenzie, Public Health Intelligence Adviser

Evaluation Team

phs.evaluationteam@phs.scot

For all media enquiries please email phs.comms@phs.scot or call 0131 275 6105.

Further information

Further information and data for this publication are available from the **publication** page on our website.

The next release of this publication will be 17 June 2025.

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Appendices

Appendix 1 – Publication metadata

Publication title

Interim monitoring report on statutory funded residential rehabilitation placements

Description

This report provides a high-level overview of the number of residential rehabilitation placements approved for statutory funding between 1 April 2021 to 30 September 2024.

Theme

Drugs

Topic

Residential Rehabilitation

Format

PDF

Data source(s)

Numbers are provided by Alcohol and Drug Partnerships and Ward 5 Woodland View in NHS Ayrshire and Arran. The Scottish Government also provides data on the number of approved placements using funding from the National Mission programme.

Date that data are acquired

25 November 2024

Release date

17 December 2024

Frequency

Six-monthly

Timeframe of data and timeliness

Residential rehabilitation placements approved for statutory funding from April 2021 to September 2024

Continuity of data

Six Monthly

Revisions statement

n/a

Revisions relevant to this publication

Data for Ward 5 Woodland View for 2021/22, 2022/23 and 2023/24 was resubmitted. Following a change to their data quality processes Ward 5 have now identified approved placements in 2021/22, 2022/23 and 2023/24 that had not previously been included in the data reported to PHS.

Concepts and definitions

Number of residential rehabilitation placements approved for statutory funding: This was defined as the number of individual placements for which funding was confirmed/approved each month, not the number of admissions into residential rehabilitation.

Relevance and key uses of the statistics

The statistics will be used to support the Monitoring and Evaluation of the Scottish Government's Residential Rehabilitation programme.

Accuracy

Data are considered accurate. PHS carry out validation checks in consultation with ADPs and Scottish Government, as required.

Completeness

All returns were submitted. The main reason for a nil return being returned was no referrals being made to the ADP for residential rehabilitation.

Comparability

n/a

Accessibility

It is the policy of Public Health Scotland to make its websites and products accessible according to published guidelines. More information on accessibility can be found on the **PHS website**.

Coherence and clarity

The summary and report has been produced using the standard PHS Management Information publications template and is available as a word document.

Value type and unit of measurement

Number of placements approved for statutory funding by ADPs, by Woodland View Ward 5 and through the Scottish Government's National Mission Programme.

Disclosure

The PHS protocol on statistical disclosure is followed.

Official statistics accreditation

Management information

UK Statistics Authority assessment

Not assessed.

Last published

18 July 2024

Next published

17 December 2024

Date of first publication

30 November 2021

Help email

phs.evaluationteam@phs.scot

Date form completed

27 November 2024

Appendix 2 - Early access details

Pre-release access

Under terms of the 'Pre-release Access to Official Statistics (Scotland) Order 2008', PHS is obliged to publish information on those receiving pre-release access ('pre-release access' refers to statistics in their final form prior to publication). The standard maximum pre-release access is five working days. Shown below are details of those receiving standard pre-release access.

Standard pre-release access:

Scottish Government Department of Health and Social Care (DHSC)

NHS board chief executives

NHS board communication leads

Early access for management information

These statistics will also have been made available to those who needed access to 'management information', i.e. as part of the delivery of health and care:

Early access for quality assurance

These statistics will also have been made available to those who needed access to help quality assure the publication:

Appendix 3 - PHS and official statistics

About Public Health Scotland (PHS)

PHS is a knowledge-based and intelligence driven organisation with a critical reliance on data and information to enable it to be an independent voice for the public's health, leading collaboratively and effectively across the Scottish public health system, accountable at local and national levels, and providing leadership and focus for achieving better health and wellbeing outcomes for the population. Our statistics comply with the **Code of Practice for Statistics** in terms of trustworthiness, high quality and public value. This also means that we keep data secure at all stages, through collection, processing, analysis and output production, and adhere to the Office for National Statistics 'Five Safes' of data privacy.

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