



North Lanarkshire Residential Rehabilitation Pathway Evaluation

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Aims of the Evaluation

Desire to evaluate the Residential Rehabilitation Pathway

Was the Pathway effective in a 3 stage process:

- Assessment and preparation
- Support during Rehab
- Support on return to the community

Methodology

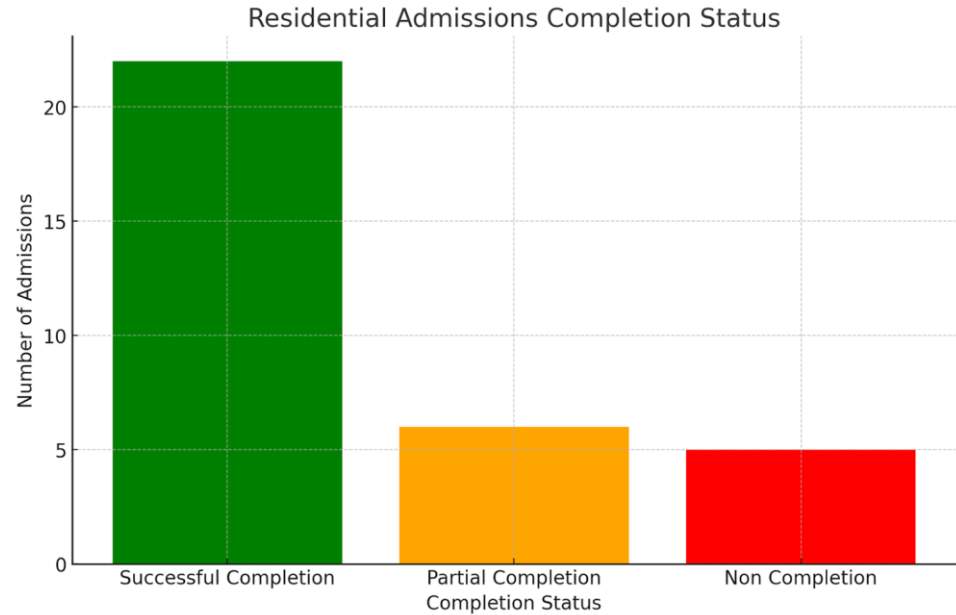
Quantitative and qualitative analysis relating to individuals placed in residential rehabilitation through the North Lanarkshire pathway during 2023/24

Interviews with :

- Individuals placed through pathway
- Staff who assessed and prepared individuals
- Managers in the most frequently used res. Rehabs.
- Redacted case notes for all placements

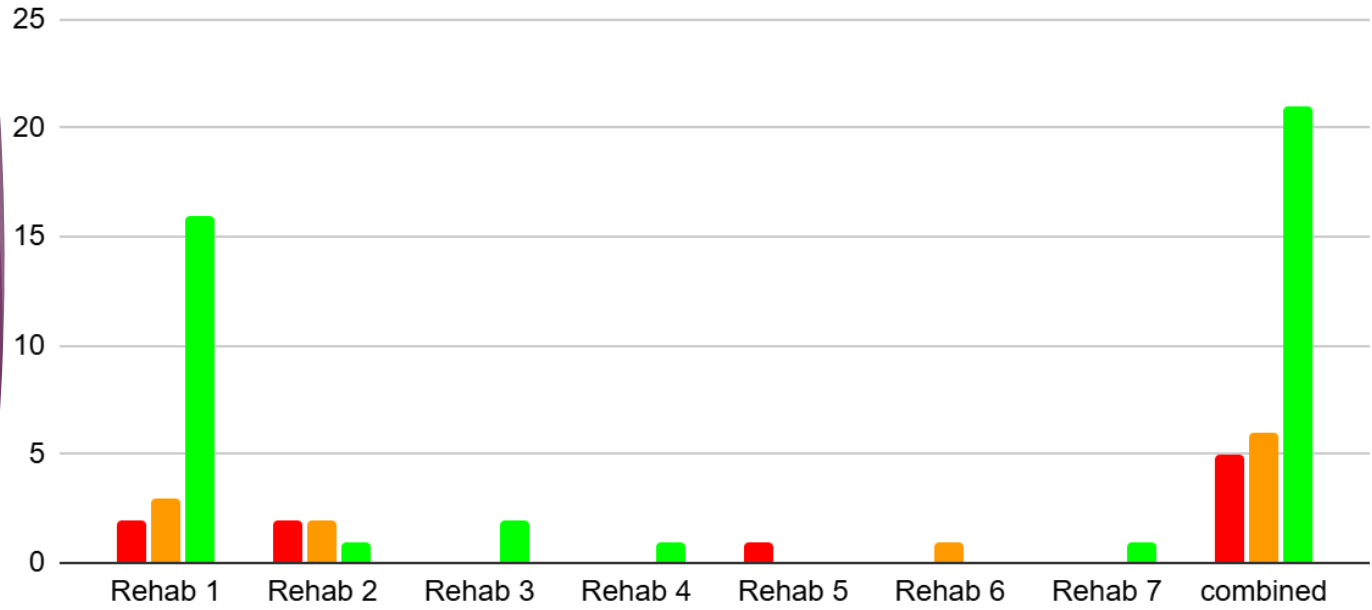
Quantitative Data

33 individuals admitted



Completion by Rehab

Red Amber Green



Completion by Rehab

Residential stays

- 21 (63%) successfully completed stay of 12 weeks or more
- 6 (18%) successfully completed 8 weeks or more
- 5 (15%) stayed less than two weeks

The Rehabs

- The residential rehabilitation establishment where 16 individuals resided demonstrated significant level of individuals completing the programme
- In the residential rehabilitation establishment where 5 individuals only one completed the programme
- The other residential rehabilitation establishments had a low level of placement which was too low for analysis. (Not statistically significant)

The Interviews

- A total of 10 individuals who had experienced the pathway were interviewed
- 4 women
- 6 men
- Focus was on the process of the Pathway and their experience of it
- All had remained in contact with ART

Qualitative Analysis

- 10 individuals consented to be interviewed who had experienced the pathway.
- 6 women and 4 men
- 5 staff members of the ART interviewed
- 2 residential rehab. Managers interviewed
- Focus was on staff experience of the Pathway

Conclusions Assessment and admission

Pre-Placement

- The Pathway was well understood by ART staff and well communicated to individuals and families
- ART staff appreciated that an additional service was available to them
- There was clear management support for the ART following the pathway
- ART staff kept prospective residents informed throughout the assessment and preparation process, this was greatly valued
- Pre-placement visits were important
- The requirement of the rehab maintaining consistency from initial visit to admission was important
- The finance team were crucial in managing finances and organising payment quickly

Conclusions: During period of residence

During Stay

- The relationship between the ART and the rehab staff was vital
- Family relationships had a key role in all parts of the pathway including assessment and preparation, support during stay and support on return
- The importance of the contact between the ART worker and res rehab staff during stay was highly significant in enabling the completion of the placement
- The regularity of reviews was important for all in planning a safe return

Conclusions: Return to Community

- Family contact was important in planning return from residential rehabilitation
- Contact between the ART worker and residential rehabilitation staff was important in planning return
- The staff in the most effective residential rehabilitation had key role in planning return to the community alongside ART staff

Observations

- Staff had clear understanding of the Pathway
- ART staff were highly committed to the Pathway
- Relationships between all parties made the Pathway work
- Individuals
 - Art Workers
 - Finance staff
 - Residential Rehab. Staff

Observations

There is a clear role for wider professional involvement to plan return to the community:

- Housing
- Employability
- Community Education
- Welfare Rights
- Recovery Communities

Contact details

▶ www.leinsterhorne.com