



North Lanarkshire ADP Alcohol Summit

Jeanne Rutherford Deputy Director of Operations

Becky Hall Service Manager

Kristen Gatson Family Team Manager

Phoenix Futures Community Service



**From April to Dec 24
354 referrals for
Alcohol and 141
referrals for Drugs
and Alcohol**



**We measure
progress change
for Alcohol in
Outcome Star**



**Complete 516
FAST Scores at
Assessment
between April 24-
Feb 25**



**289 ABIs
completed from
April 24-Feb 25**

MY DRINKS DIARY NAME **PHOENIX FUTURES SCOTLAND**

	DID I PLAN TO DRINK?	WHAT I DRANK?	WHY DID I DRINK?	HOW DID I FEEL?	WERE THERE ANY CONSEQUENCES?	HOW MANY UNITS?
MONDAY						
TUESDAY						
WEDNESDAY						
THURSDAY						
FRIDAY						
SATURDAY						
SUNDAY						

Phoenix Futures Alcohol Workbook

This workbook belongs to: _____

These workbooks have been provided by Phoenix Futures.

Worksheet 1 Warm up quiz?
Knowledge 2 Think again
Worksheet 3 Do I have a problem?
Knowledge 3 How does alcohol affect me?
Knowledge 4 Bridge Drinking
Worksheet 4 How does drinking affect my family life?
Knowledge 5 Alcohol Poisoning
Worksheet 5 My Goals
Knowledge 6 Alcohol in the bloodstream
Worksheet 6 Have you been in trouble?
Knowledge 7 The risks of mixing
Worksheet 7 What are my triggers?
Worksheet 8 Choices to change
Worksheet 9 In 5 years time ...
Worksheet 10 In 5 years time ...

Drug & Alcohol Star™

The Outcomes Star for drug and alcohol recovery

Client First ☐ Review ☐ Retrospective ☐

Date of completion DD/MM/YYYY

Completed by

Worker and client ☐

Worker alone ☐

Client ☐

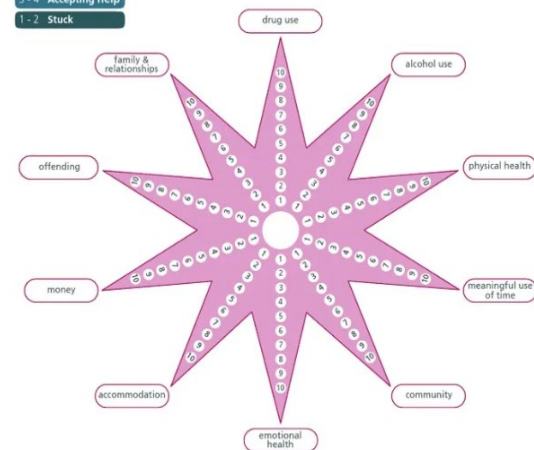
9-10 Self-reliance

7-8 Learning

5-6 Believing

3-4 Accepting help

1-2 Stuck




Drinks Diary

Drug and Alcohol Outcome Star

Alcohol Workbook

Phoenix Families and Family Connections

We have received 174 referrals since our launch in December 2023



60 out of 174 referrals were looking for support specifically for a loved one's alcohol use

Support for those affected by someone else's alcohol use

Alcohol Awareness
Sessions

1:1 and group support

Support with
boundaries,
lapse/relapse
communication,
emotions and self-care

Signposting to services

Wellbeing sessions

Community events

Partnership Working

Focus Groups on Alcohol Marketing with Alcohol Focus Scotland

Individuals and families taking part in HIS Alcohol Focus Consultations

Stalls at Alcohol free Recovery events including Recovery Connects Festival

Delivered alcohol harms awareness sessions to services including Headway

Health checks - NHS Lanarkshire Keep Well Nurses



ALCOHOL AWARENESS WEEK

PHOENIX
FUTURES

Hosted events and groups focusing on reducing alcohol harms in our North Lanarkshire Services.

Harm reduction information.

Hosted stalls at local community events

Gave out unit calculators and measuring cups.

Groups engaged in quizzes and alcohol focused activities to raise awareness of alcohol harms.



Video feedback from
staff, individuals and
family members that
access our North
Lanarkshire services