



NLADP Support Service Directory



All updates and enquiries to the ADP Support Team via NLADP@lanarkshire.scot.nhs.uk

Addiction Occupational Therapy	<p>Addiction Occupational Therapy is a Lanarkshire wide service based in the Addiction Recovery Teams (ART) in North Lanarkshire and the Community Addiction Recovery Service (CAREs) in South Lanarkshire.</p> <p>Therapists provide support to individuals whose ability to participate in daily activities has been impacted by substance use. They aim to enable individuals to maximise their independence in activities they want, need or are expected to do. Specialist functional assessments are carried out in collaboration with the individual and activity-based interventions are designed to assist achievement of personal goals.</p> <p>Elaine Wakefield - Occupational Therapist Advanced Practitioner, Addiction services (elaine.wakefield@Lanarkshire.scot.nhs.uk) Monday - Friday 9am - 5pm</p>
Addiction Psychology Service (APS) NHS Lanarkshire	<p>Michelle Cook, Head of Specialities Sophia Vezza, Lead for Addiction Psychology Service</p> <p>APS exists to address the psychological needs of adults with addiction and mental health difficulties living in Lanarkshire. <u>Direct Clinical Work:</u> The service offers individualised psychological assessment, formulation, and intervention. Clinicians are skilled in a number of evidence-based psychological therapies (e.g. CBT, CFT, EMDR, Schema Therapy). <u>Indirect Clinical Work:</u> APS psychologists provide consultation and guidance to other health professionals working within addictions and to professionals working in other areas who encounter addiction issues with individual patients.</p> <p>The APS accepts referrals from the following services who operate in Lanarkshire:</p> <ul style="list-style-type: none"> • ART • Addiction Psychiatry • Community Prescribing Service • Third sector addiction services • Further ADP-funded and core Health and Social Care Partnership addiction services (in North and South Lanarkshire) <p>Monday – Friday 9am till 5pm - Referrers are encouraged to have a discussion with APS prior to submitting a written referral. 01698 753830 / 01698 754930 Michelle.Cook@lanarkshire.scot.nhs.uk</p>

Addiction Recovery Team (ART)	<p>North Lanarkshire Addiction Recovery Teams provide assessment, care, treatment and support to individuals whose health and well-being is impacted upon as a consequence of their alcohol and/or drug use. The team comprises of social workers, addiction staff, nurses, occupational therapists, psychiatry and psychology. They can offer structured detox from substances, opiate replacement treatment, harm reduction interventions, assessment/access to residential rehab, linkage to community supports/reintegration and support with wider social issues including housing and benefits advice. The service accepts self-referrals or referrals from any other service involved in an individual's care.</p> <div> <div> <p>Airdrie ART Airdrie Community Health Centre 88 Graham Street, Airdrie, ML6 6DB Email: airdrieaddictionsadmin@northlan.gov.uk Phone: 01236 856126</p> </div> <div> <p>Bellshill ART 95 Main Street, Bellshill, ML4 3DZ Email: bellshillart@northlan.gov.uk Phone: 01698 403535</p> </div> <div> <p>Coatbridge Glen Nevis Building, Coathill Hospital Hospital Street, Coatbridge, ML5 4DN Email: coataddictionservice@northlan.gov.uk Phone: 01698 753656</p> </div> <div> <p>Cumbernauld ART Bron Chambers, Bron Way, North Carbrain Road, Cumbernauld, G67 1DZ Email: CumbernauldART@northlan.gov.uk Phone: 01236 638842</p> </div> <div> <p>Motherwell ART 48-59 Airbles Road, Motherwell, ML1 2PP Email: MotherwellART@northlan.gov.uk Phone: 01698 755355</p> </div> <div> <p>Wishaw ART Stewarton House 101 – 105 Stewarton Street, Wishaw, ML2 8AG Email: WishawART@northlan.gov.uk Phone: 01698 274070</p> </div> </div>
Barnardo's Axis North	<p>Karen Motherwell (Service Manager): 01698262443 option 3, 07824 307 929, karen.motherwell@barnardos.org.uk Graham Revell (Team Manager): 07824 707 738, graham.revell@barnardos.org.uk</p> <p>North Lanarkshire service providing support, advocacy and care coordination for young people impacted by their own or someone else's substance use. The service offers support to young people aged 11 – 21 (26 if care experienced), and their families. Working within a wider Recovery Orientated System of Care, the service will provide needs led interventions to support recovery and help individuals develop coping strategies which improve health and wellbeing. The service has an open referral policy allowing all agencies and family members to refer in.</p> <p>For more information contact axislanarkshire@barnardos.org.uk Website: www.barnardos.org.uk</p> <p>Monday – Friday 8.30 am – 9pm Saturday & Sunday 10am - 4pm</p>

	<p>Family Connections</p> <p>Karen Motherwell (Service Manager): 01698262443 option 2, 07824 307 929, karen.motherwell@barnardos.org.uk Graham Revell (Team Manager): 07824 707 738, graham.revell@barnardos.org.uk</p> <p>North Lanarkshire Alcohol and Drug Partnership and Corra Foundation jointly fund the Family Connections service which is a whole family approach partnership between Barnardo's and Phoenix Futures. Barnardo's provide bespoke support for young people who have a brother/sister (or have a sibling-like relationship) who are using drugs and alcohol. Phoenix compliment this by supporting the parent/carers. For more information please contact Karen Motherwell or Graham Revell or contact North Lanarkshire Family Service north.lanarkshire.family.service@phoenixfutures.org.uk or Kristen Gaston of Phoenix Futures kristen.gaston@phoenixfutures.org.uk</p> <p>North Lanarkshire Families Here and Now Service (FHANS)</p> <p>North Lanarkshire Families Here and Now Service (FHANS) is a partnership approach to supporting families in North Lanarkshire. The service is available to whole families requiring lower-level support and are not receiving help from any other agencies. For more information contact 01688262443 option 4 or email NLwholefamilies@barnardos.org.uk</p> <p>North Lanarkshire Routes</p> <p>Karen Motherwell (Service Manager): 01698262443 option 3, 07824 307 929, karen.motherwell@barnardos.org.uk Lynn Morrison (Team Manager) 07826919307 lynn.morrison@barnardos.org.uk North Lanarkshire service providing support, advocacy and care coordination for young people impacted by their own or someone</p> <p>Funded by Scottish Families, North Lanarkshire Routes focuses on young people who are harmed by someone else's substance use (commonly parental use, but it can be others in their family or social networks). Whilst some of the young people use substances themselves (and some do not), this is not the focus of our work with them. This differentiates Routes from so many other programmes in the field of 'young people, alcohol and drugs', where the focus is almost automatically on young people's own substance use.</p>
<p>BBV Prevention, Testing, Treatment and Care Network</p>	<p>Trish Tougher as BBV Network Manager Email: trish.tougher@lanarkshire.scot.nhs.uk</p> <p>Lanarkshire wide BBV Network consists of a variety of services focused on preventing transmission of BBV infections. It consists of a wide range of services offering prevention advice, BBV testing, specialty services providing treatment/management of infection and care services to support people living with BBV infection.</p>

	<ul style="list-style-type: none"> • NHS Lanarkshire Harm Reduction Team Injecting Equipment Provision, Naloxone • BBV and Sexual Health Team, C Card Scheme, Just Ask • Terrence Higgins Trust (Third Sector) Get Rubbered (Postal Service MSM), Fast test clinic EK, LGBTI awareness, various training • Health Promotion Department C Card Scheme, Postal Condom Scheme, variety of training opportunities • PrEP- pre-exposure prophylaxis Lanarkshire Sexual Health Services Coathill and Infectious Disease Department UHM • African Health Project (Third Sector) BBV awareness, Condom Provision, DBST, HIV Self Testing • Chinese Health Project (Third Sector) Awareness Raising, BBV Testing, Hep B Vaccination • Keep Well (Vulnerable populations – criminal justice / mosques / homelessness) • BBV Nurse - Occupational Health NHSL • Specialist Midwife – Maternity Services NHSL/BBV awareness, antenatal screening, training.
BBV Specialist Midwife NHSL	<p>Louise Pollock, Level 2, University Hospital Wishaw (UHW), Maternity services, Lanarkshire-wide. 01698 361100 ext. 8576 Louise.pollock@lanarkshire.scot.nhs.uk Mobile: 07557 494 365 or via MS Teams</p> <p>Monitoring of the routine antenatal communicable disease screening programmes. HIV, HBV and Syphilis (routine) and where current or previous history indicates recommend HCV testing. Specialist midwife responsible for antenatal serology screening programme and works closely with community midwife responsible for pregnant woman to ensure all relevant links with treatment and care services are achieved to minimise vertical transmission of infection. Staff training.</p> <p>Currently 26 hours per week Monday to Wednesday Any pregnant woman can refer to maternity services by themselves to book for antenatal care/consent to screening 10 midwifery localities - Airdrie, Bellshill, Cumbernauld, Coatbridge, Motherwell and Wishaw University Hospital Wishaw - Maternity service 24 hours/day</p>
Best Way Community Development	<p>Best Way Community Development (BWCD), a charity in Motherwell, has been addressing the challenges faced by African families in North Lanarkshire, particularly related to drug use. The diverse demographic, prevalence of substances and cultural barriers contribute to the underutilization of existing services. Collaborating with the Scottish Drugs Forum has enabled specialized training to offer targeted support. Feedback indicates positive community impact, but the stigma, language barriers and lack of awareness persist.</p> <p>Ombeni Ruhanduka Project Manager 07716287834 ombeni@bestwaycd.org Bestway Community Development, Jerviston Community Centre, Coalhall Avenue, Motherwell, ML1 4BU. Contact: 01698 441243 admin@bestwaycd.org</p>

Breakthrough North Lanarkshire	<p>Breakthrough is an intensive support service within North Lanarkshire, for individuals with alcohol or substance misuse, mental health or housing issues. We deliver a trauma-informed, person-centred approach working within a Connected Community model, linking in with other groups and agencies in the local area. We provide assertive outreach and sustainable connections to support individuals on their recovery journey, with direct support and engagement tailored to each individual's needs and pace.</p> <p>Referrals welcome via other agencies or self-referral. For more information please contact: Lauren lpollitt@bluetriangle.org.uk 07908 994 019 or Stuart sfortune@bluetriangle.org.uk 07908 994 021. 0808 175 4006</p>
Circle's ANCHOR Project	<p><u>Circle's Addiewell Services</u></p> <p>Georgina Lyttle (Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305.</p> <p>Referrals to our Addiewell service can either be self-referrals or by voluntary and statutory professionals.</p> <ol style="list-style-type: none"> 1. A whole family support service for fathers, their children, and their families in response to supporting fathers who are leaving HMP Addiewell with children aged 18 and under and returning to North Lanarkshire, South Lanarkshire and West Lothian. The support encompasses working with the whole family to address parenting, addiction, housing, financial and relationship issues amongst others. 2. A service supporting fathers in custody within HMP Addiewell through intensive whole family support, therapeutic counselling, and a children's resilience service to address complex health and social care needs resulting from substance use, domestic abuse, and poor mental health. Covering families in North Lanarkshire (Funded by Corra Foundation) <p><u>Circle's Women's Outreach Team</u></p> <p>Georgina Lyttle (Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305.</p> <p>Referrals to the Women's Outreach Team can either be self-referrals or by a wide range of voluntary and statutory professionals.</p> <p>A whole family support and therapeutic counselling service for women who are mothers (with children aged 18 and under) and their families affected by domestic abuse, poor mental health, substance use and/or involved in the Criminal Justice System across North Lanarkshire & South Lanarkshire.</p>

	<p><u>Youth Justice and Rights Service (New Service)</u></p> <p>Georgina Lyttle (Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305.</p> <p>Circle will deliver an Early Effective Intervention (EEI) and Prevention service across Lanarkshire. This new service will promote the rights of children and young people as enshrined in the UNCRC and will be trauma recovery informed and strengthened by the core principles of the Promise. The service is informed by a welfare approach in supporting children and young people in conflict with the law, ensuring support for them and their families is provided at the earliest opportunity. The service will provide strengths-based support to children and young people where their best interests are at the forefront of support, decisions and interventions that affect their lives.</p> <p><u>Shine Women's Mentoring Service</u></p> <p>Shine is a national mentoring service for women involved with justice services. The service is provided as a Public Social Partnership (PSP), a strategic partnership between public and voluntary sector organisations.</p> <p>Sacro is the lead partner of Shine and enquiries can be made to infoshine@shinementoring.scot or contact Georgina Lyttle (Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305.</p> <p>Women can be referred by a range of professionals including self-referrals and we accept prison and community referrals. The service is available to all adult females who are.</p> <ul style="list-style-type: none"> • Serving a custodial sentence of less than four years and not subject to statutory supervision • On remand • Women who are subject to Drug Testing Tre • atment Order (DTTO) or Community Payback Order (CPO)
<p>Community Prescribing Service</p>	<p>Duncan Hill / Dr Stephen Conroy</p> <p>Pan Lanarkshire, across all 10 localities - Provides prescribing support for all Addiction and Recovery Team (ART) services across NHS Lanarkshire. Case manage a number of patients through clinical consultations and appointments. Monday to Friday 9am – 5pm (plus 1 early evening clinic) referrals should be made through the ART locality teams e-mail: CommunityPrescribing.Service@lanarkshire.scot.nhs.uk Office Phone Number: 01698 753839</p>

Criminal Justice Throughcare	<p>Criminal Justice Throughcare - The NLC Justice Throughcare team works with individuals who are sentenced to any form of post release supervision, this includes lifelong prisoners, those sentenced to 4 years or more or those being released subject to extended sentence, section 15 licence or a supervised release order. The role of statutory throughcare begins once the individual is sentenced and the team remain involved throughout their custodial term and their release to the community. The focus of the team is on both public protection and supporting individuals transition back to their communities.</p> <p>If you wish to discuss this service please contact Kimberley Rodger on 01698 403984 or email restorativejustice@northlan.gov.uk</p>
Drug Treatment & Testing Orders (DTTO) and Prison Throughcare North Lanarkshire Criminal Justice Social Work	<p>A partnership between justice services and addiction recovery teams. Drug Treatment and Testing Orders (DTTOs) are one of a number of options available to the court when sentencing an individual for offending. DTTOs are aimed at people who have a significant drug misuse issue, and whose offending is linked to their drug misuse. Individuals placed on a DTTO are expected to have a high level of contact with their social worker and addictions worker and regular contact with the sheriff who placed them on the Order.</p> <p>Contact details: Anna Philson, Senior Social Worker, 01698 403984 PhilsonAn@northlan.gov.uk</p>
GBV (Gender-Based Violence) Services	<p>GBV (Gender-Based Violence) Services provide:</p> <p>Consultation to NHSL staff and ADP commissioned service staff who work with clients who have experienced abuse. The advocacy team can discuss circumstances of a case you are dealing with to help you consider the issues of violence and abuse in your assessment.</p> <p>Specialist information and support to staff who have experience of abuse. Staff should call to discuss if self-referral is suitable.</p> <p>Training on all aspects on Gender-Based Violence.</p> <p>Operational advice and support on all aspects of GBV service provision. The service is available Mon-Fri, 9am-5pm</p> <p>Contact details 01698 753686 GBVServices@lanarkshire.scot.nhs.uk</p>
Kickstart – North Lanarkshire Council	<p>David Clark ClarkD@northlan.gov.uk</p> <p>The Kickstart programme is designed to support individuals aged 18+ experiencing problems with substance use or who are in recovery. Free weekly structured football sessions are provided, and aim to improve confidence, self-esteem, communication and social skills.</p>

Lanarkshire Additional Midwifery Service (LAMS)	<p>Tracy McGlone, Tracy.mcglone@lanarkshire.scot.nhs.uk 07810 127 580</p> <ul style="list-style-type: none"> • We provide <i>person-centred care</i> tailored to the needs of the woman and her family • Work alongside the <i>Named Midwife</i> to coordinate additional support dependent on need • Risk assessment determines level of input from LAMS • Outcome Star to prioritise specific areas to target support • Promote recovery using a strengths based approach • Provide 1:1 Interventions to build parenting capacity. • Support family to engage with services • Flexibility between clinic and home setting <p>Mon - Fri working hours – referral by email or phone</p>
LANDED Peer Education Service	<p>Jacqui Flanagan - Service Manager jacqui@landed.info</p> <p>Andy McKinnon - Development Officer andy@landed.info</p> <p>LANDED provides Substance Use training opportunities for staff members who work directly with young people, and parents, carers and wider family members, using a harm reduction approach.</p> <p>We also deliver awareness raising workshops to young people throughout Lanarkshire on the topics of drugs, alcohol, tobacco/ vaping, cannabis, basic sexual health and positive relationships. We provide volunteering opportunities for young people who are interested in becoming peer educators, and develop awareness raising resources that support workshop delivery and reduce barriers to learning.</p> <p>01698 269872 enquiries@landed.info</p>
LHAHC (Blood Borne Virus Service)	<p>Dr N Kennedy Lead Clinician / Sharon Woods Lead BBV Nurse Specialist.</p> <p>Providing testing treatment and care for HIV, Hepatitis B and Hepatitis C for the whole of Lanarkshire. HIV specialist clinics held at University Hospital Monklands with a monthly outreach clinic in Cambuslang.</p> <p>Hepatitis B and Hepatitis C specialist clinics take place at University Hospital Monklands and at University Hospital Hairmyres. Hepatitis B and Hepatitis C outreach clinics are also held at locations throughout Lanarkshire including Airbles Road Motherwell,</p>

	<p>Lanark Health Centre, Douglas Street Hamilton, Cambuslang Gate, HMP Shotts and the State Hospital at Carstairs.</p> <p>Referrals can be emailed to us on ld-bbvservice@lanarkshire.scot.nhs.uk</p> <p>Appointment made by calling 01698 752445 / 01698 752444</p>
NHS Lanarkshire Blood Borne Virus & Sexual Health Promotion Team	<p>Gail Fulton Gail.Fulton@lanarkshire.scot.nhs.uk Jude Irwin jude.irwin@lanarkshire.scot.nhs.uk Daniel Purves-Meechan daniel.purves-meechan@lanarkshire.scot.nhs.uk</p> <p>www.lanarkshiresexualhealth.org</p> <p>The team operates NHS Lanarkshire's Condom Distribution Scheme (CDS) providing free condoms and lubricant Lanarkshire wide to those who live, work or study in Lanarkshire.</p> <p>Condoms can be obtained from one of over 115 C Card Centres which are available throughout Lanarkshire usually within health Centres, Community Pharmacies and some GP practices.</p> <p>Those with a Lanarkshire address can use the Condoms by Post service.</p> <p>In addition, the Just Ask aspect of the CDS provides condoms, lubricant and other resources to specific services/organisations such as those working with people involved in the criminal justice system, young people, addiction services, refugee/asylum seekers etc.</p> <p>If there is a service interested in becoming a member of the Just Ask Service they should contact the scheme co-ordinator carol.rattray@lanarkshire.scot.nhs.uk</p> <p>Training sessions are offered throughout the year covering a wide variety of topics including – Blood Borne Virus awareness, LGBT+ identities, Sexual Health and Relationships Education, Relationships, Sexual Health and Parenthood (RSHP) etc. For further information please email: NHSLHealth.ImprovementTraining@lanarkshire.scot.nhs.uk</p>
NHS Lanarkshire Clinical Directors	<p>Dr Laura Steven - Consultant Forensic Psychiatrist Clinical Director for Forensics & Addictions in NHS Lanarkshire</p> <p>Iona Low Secure Inpatient Unit Beckford Lodge Caird Street Hamilton ML3 0AL</p> <p>01698 687552</p>

	<p>Dr Christopher Govender, Interim Clinical Director Addictions and Forensics, North Lanarkshire - Addiction Recovery Centre 59 Airbles Road Motherwell ML1 1 TP 01698755 358 Dr Ahmed Khan Interim Clinical Director Addictions and Forensics South Lanarkshire Community Health Clinic 19 Douglas street Hamilton ML3 0BP 07947036435</p>
NHS Lanarkshire Harm Reduction Team	<p>Harm Reduction Team, NHS Lanarkshire Clinical Van Outreach Service, Pan Lanarkshire, Weekdays 9am - 5pm (Friday till 4.30pm) Glen Nevis Unit, Coathill Hospital, Coatbridge, ML5 4DN</p> <p>An easily accessible Pan-Lanarkshire van-based outreach clinic service, HRT are one of Scotland's longest running specialist harm reduction services and helped develop Scotland's world first take home naloxone service. We aim to provide an easily usable, useful, and anonymous service to reduce the harmful consequences of substance use for people who use drugs. Our experienced team help people through: overdose awareness and risk assessment, access to naloxone, education, prevention and awareness for a range of street substances, IEP/injecting related interventions, SHBBV testing/awareness, immunisation, injecting wound assessment, providing a gateway to other needed health services e.g. signposting/assertive referral e.g. mental health assessment, basic health needs and assessment.</p> <p>The team are happy to explore options with people about where they might gain support from other agencies as well as continue to provide ongoing harm reduction engagement if this is helpful for them.</p> <p>Self or service referrals accepted, referral by phone, email or paper. Please email or phone to : harmreductionteam@lanarkshire.scot.nhs.uk or 01698 753 657.</p> <p>Usual van routes are North Lanarkshire on Mon/Wed and South Lanarkshire on Tues/Thurs with Friday the van heads wherever needed. Outreach North: 07810 153 940 South: 07884 454 961</p>

NLC - Contextual Safeguarding Approach	<p>North Lanarkshire Council are implementing the Contextual Safeguarding approach on a multi-agency basis What is Contextual Safeguarding? Contextual Safeguarding. A Theory of Change has been created to enable services to think of the key actions required to address extra familial harm. Developing North Lanarkshire's Response to Extra-Familial Risks and Harms - Overview Rise 360 (articulate.com) This includes working to understand and intervene when there are harmful interactions between young people, families, peers, schools, and communities, including online. Contextual safeguarding was designed to enhance responses to abuse and significant harm in extra-familial settings, and can add value to various stages of practice including engagement, assessment, planning and intervention as well as prevention. For further information or support please contact Nicole Savage, Senior Officer savagen@northlan.gov.uk</p>
NLC Creative Faces	<p>North Lanarkshire service provided by Barnardo's to provide groups for young people that are a safe social space to allow for reduction in potential harm of social isolation and avoidance to self-medicating actions through substance misuse. Within the group members, there exists a common theme of vulnerable young adults who have experienced substance misuse within their own lives and/or that of family members resulting in homelessness and requirement for housing support. Internal referrals from within Barnardo's North Lanarkshire services.</p> <p>Contact details: Linda McCann, 07842 634 487 or 01698 262443 Linda.McCann@Barnardos.org.uk Mon – Wednesday – Thursday – between 9 – 6 p.m.</p>
NLC Early Learning and Childcare Family Engagement Service	<p><u>Early Learning and Childcare Family Engagement Service</u></p> <p>The ELC Family Engagement Service consists of 6 Family Engagement Practitioners who work directly with families across North Lanarkshire. The practitioners will work in collaboration with partner services to deliver flexible and responsive family support by getting to know families, meaningfully involving them and building positive relationships.</p> <p>The service can be accessed by submitting a request for assistance from any service to the identified mailbox: ELCEarlyIntervention@northlan.gov.uk</p> <p>The criteria for access to the service is: "Families with a child under 5 years of age affected by poverty, drug/alcohol use, mental health and/or domestic abuse where support provided by existing services have not led to improved outcomes. Families must agree with the request for assistance and express a willingness to work with the service."</p> <p>For more information please contact: Cheryl Valentine (valentinec@northlan.gov.uk) or Lorraine Smith (smithlo@northlan.gov.uk)</p>

NLC Family Plus	<p>North Lanarkshire service that Barnardo's provide families who present to them as homeless and are affected by domestic abuse and substance use. Barnardo's offer a Family Plus worker who works with the whole family for as long as they require the support.</p> <p>Referrals from external agencies or self-referral. contact details: Linda McCann, 07842 634 487, or 01698 262443 Linda.McCann@Barnardos.org.uk</p> <p>Mon – Friday 9 - 5 p.m.</p>
NLC Lifeskills Coach – Positive Destinations	<p>North Lanarkshire Housing and Social work in conjunction with Barnardo's provide training and reception flats, a Lifeskills Coach that works with young people who are in the process of moving on from the care of the local authority or a supported carer placement to independent living. Referrals from Social Work.</p> <p>Contact details: Linda McCann, 07842 634 487, or 01698 262443 Linda.McCann@Barnardos.org.uk</p> <p>Mon – Friday – 9 – 5 p.m.</p>
North Lanarkshire Equal Say Advocacy	<p>North Lanarkshire Equal Say Advocacy - Craig Reilly, Team Leader, craig@equalsay.org</p> <p>All 6 localities - Independent advocacy for adults aged 16 and above who live in North Lanarkshire and have a disability, long term condition or addiction. Advocacy is provided by a team of caseworkers on a 1:1 basis and is issue based.</p> <p>Telephone: 01698 358 245</p> <p>Email: north.referrals@equalsay.org or via website https://www.equalsay.org/projects/north-lanarkshire-advocacy/</p> <p>referral form on website.</p> <p>The service has an open and confidential referral policy. Anyone can refer in any way that suits them, this can be the person themselves, a family member or any type of worker.</p>
North Lanarkshire Arrest Referral	<p>North Lanarkshire Arrest Referral</p> <p>Test of Change support service engaging with people coming into Coatbridge police custody where alcohol/drugs have been a factor to offending.</p> <p>Offering support with:</p> <ul style="list-style-type: none"> • Substance Use Issues • Signposting/referring to other relevant services • Support to attend initial appointments

	<p>Ian and Dave are in the custody suite 6 days a week. You can contact the service directly or ask the police officers to contact us: Lanarkshire.communities@phoenixfutures.org.uk</p> <p>Ian Glatley - 07355472175</p> <p>Dave Gallagher - 07920234690</p>
North Lanarkshire Bridges and Beyond Project	<p>The Bridges and beyond service was established following the positive outcomes being achieved via the community bridges project. The bridges and beyond project takes the key principles of NLCBP and extends this to all other prison establishments across Scotland. The service works with all individuals serving a short term prison sentence who are returning to NLC.</p> <p>This service can also be accessed by contacting Kimberley Rodger on 01698 403984 or email: restorativejustice@northlan.gov.uk</p>
North Lanarkshire Community Bridges Project	<p>North Lanarkshire Community Bridges Project- NLCBP was set up in 2011 to tackle the issues around drug and alcohol related problems for individuals serving short term sentences of less than four years within HMP Addiewell returning to North Lanarkshire. The key principles of the service are as follows;</p> <ul style="list-style-type: none"> • Opt out service, following an assertive outreach approach which is person centred • We utilise our position being based within a local authority to ensure that individuals risks and needs are fully considered and responded to • We have strong partnership arrangements in place with housing services, addiction recovery teams and our tackling poverty team. This ensures timely access to services and ensures that individuals are being released to appropriate accommodation • We work with individuals 6 months prior to their release to build relationships, utilising the outcome star assessment tool to guide our support and evaluate success of our interventions • We provide gate pickups and 1:1 support throughout • We provide support to family members and ongoing referrals as necessary <p>To access the service please contact Kimberley Rodger on 01698 403984 or email: restorativejustice@northlan.gov.uk</p>
North Lanarkshire Crisis Outreach Team	<p>Melissa Reid melissareid@turningpointscotland.com Turning Point Scotland.</p> <p>Based at Unit 82-86 Stirling Street, First Floor, Stirling House, Airdrie, ML6 0AS North Lanarkshire Crisis Outreach offers a rapid response to near-fatal overdose providing a short, focused period of support to each person and assertively engaging them with mainstream alcohol and other drug services and services and resources within the community.</p> <p>A crisis response to housing in relation to alcohol and drugs and an assertive outreach. The team will respond within a 24/48</p>

	<p>period after NFO and provide short term interventions.</p> <p>Referral via NorthLanarkshireCrisisOutreachServiceReferrals@turningpointscotland.com, NorthLanarkshireCrisisOutreachService@turningpointscotland.com or 08081714040.</p> <p>Harm Reduction Cafe - Test of Change initiative aiming to provide a safe space for individuals still using substances who are keen to engage in non-abstinence based supports. The cafes provide a safe space to engage with individuals where they are in relation to their substance use, creating the right environment to offer a range of holistic support options for their physical, mental and social care needs, at the earliest opportunity. Two harm reduction cafes are available, operating on Wednesday and Friday evenings 5-8pm from TPS Offices, Stirling House, 82-86 Stirling Street, Airdrie, ML6 0AS</p> <ul style="list-style-type: none"> • For more information about Wednesday evening - contact John or Marie 08081714040 • For more information about Friday evening - contact Robert or Lauren 08081714040
North Lanarkshire Recovery Community	<p>NLRC provides safe, drug and alcohol free events to help you build and develop your re-recovery. We ask all attending to come along drug and alcohol free on the day. We are an inclusive and non-judgemental community committed to empowering people in recovery. NLRC is a community of people committed to making recovery from addictions happen in North Lanarkshire. We will be delivering a variety of events every week throughout the area. All events are organised by people in recovery. NLRC encourage the use of mutual aid through SMART and 12 step fellowship. Future developments will include training and placement of volunteers, further cafes and fun things to do!</p> <p>Monday: Airdrie Cafe: 1- 4pm Gartlea Community Centre, 25 Hillfoot Road, Airdrie, ML6 9PL.</p> <p>Tuesday: 12.30 - 2.30pm Coatbridge Women's Recovery Group: Fountain Business Centre, Conference Room, Ellis Street, Coatbridge, ML5 3AA</p> <p>Wednesday: 1 - 4pm. Cumbernauld Cafe: St Lucy Church, Hornbeam Road, Abonhill, Cumbernauld, G67 4NG.</p> <p>Thursday: 10 - 12pm Chapelhall drop in cafe. Chapelhall Library, 2 Honeywell Crescent, Chapelhall, ML6 8XW</p> <p>Friday: 12.30 - 4pm Motherwell Cafe. Forgewood Community Centre, Motherwell ML1 3TT.</p> <p>Contact: enquiries@recoveryscotland.org.uk</p>
North Lanarkshire Youth Bridges	<p>Youth Bridges provides a service for North Lanarkshire young people under 21 years of age who are remanded in custody or receive a custodial sentence of under four years in HMP Polmont, in order to aid their reintegration and transition back to the community. The work undertaken by Youth Bridges targets the most vulnerable prisoners and works with them to reduce the risk</p>

	<p>factors which could involve them in re-offending and return to custody. No distinction is made between those on remand or serving a custodial sentence and there is no time limit on intervention.</p> <p>The service is voluntary but is intensive and responsive to need, including evening and weekend support when required. Workers take an assertive outreach approach, which recognises the right of young people to decline the service but also strongly promotes the benefits of intensive support to divert young people to a more positive lifestyle.</p> <p>A holistic, person centred approach ensures that individualised plans focus on areas of vulnerability and strong links are in place with other organisations including housing, health and addiction, employability, education/ training providers and other relevant support services.</p> <p>Steven Clemenson, Senior Social Worker – Intensive Services, Education & Families T: 01236 638500 M: 07951410454 E: clemensons@northlan.gov.uk</p>
Phoenix Families	<p>Phoenix Families offers support and someone to speak to for family members impacted by loved ones' Drug and/or Alcohol use. Phoenix Families offer confidential one to one and group support for all family members across North Lanarkshire. Family members can also speak to trained volunteer peer Mentors with lived experience.</p> <p>Email: northlanarkshirefamilies@phoenixfutures.org.uk Kristen Gaston, Service Manager, kristen.gaston@phoenixfutures.org.uk Phone: 01236 802 600</p>
Phoenix Futures	<p>Becky Hall, Service Manager, 07562 171186 becky.hall@phoenixfutures.org.uk Michelle Selby, Team Leader michele.selby@phoenixfutures.org.uk</p> <p>North Lanarkshire – we operate across the 6 localities. We have an office base in Coatbridge and provide appointments from Motherwell and Bellshill ART team offices.</p> <p>Phoenix Futures is a Tier 1-2 service that supports individuals and families affected by drug and/or alcohol use. We work across the 6 localities of North Lanarkshire and provide assessment and risk assessments, initial support assessments, Assertive Outreach, CBT counselling, group work programme including SMART recovery, Peer support and Recovery Through Nature, Peer Mentoring, Support for prisoners pre and post liberation and arrest referral support within Coatbridge Custody suite. We will also support individuals to access other services and signpost where appropriate.</p> <p>Monday 8.30am to 4.30pm Tuesday 8.30am to 8pm</p>

	<p>Wednesday 8.30am to 4.30pm Thursday 8.30am to 8pm Friday 8.30am to 4.30pm</p> <p>Self-referral, referrals from family members and loved ones and referrals from other agencies and services. 01236 425338/01236426385 Lanarkshire.communities@phoenixfutures.org.uk</p>
Prison to Community Service	<p>Prison to Community Service – Phoenix Futures</p> <p>The Phoenix Futures North Lanarkshire Prison to Community Service offers support to individuals being liberated from prison to the NL area who have or have had issues with alcohol and/or substances.</p> <p>Support offered can include:</p> <ul style="list-style-type: none"> • 1:1 support through agent visits • Pre/Post Lib recovery care planning • Prison Recovery Cafes • Gate pick up • Support to attend Housing, Social Work, Health, Benefit appointments • Ongoing Recovery support/groups/meetings in the Community • 1:1 CBT counselling • Family support • Referring and Signposting to external service <p>To make a self-referral or to refer on someone's behalf please contact:</p> <p>01236 425338/01236 426385 Lanarkshire.communities@phoenixfutures.org.uk</p>
Scottish Action for Mental Health	<p>Individual Placement and Support (IPS) North Lanarkshire Addictions Service supports people in recovery from alcohol and or substance use into employment. It involves intensive, individual support, a rapid job search followed by placement in paid employment, and time-unlimited in-work support for the employee, the employer and recovery teams. The key focus of the evidence based IPS programme is to find the individual employment in a role they enjoy and feel confident in whilst at the same time have the support of their IPS worker and recovery teams to maintain ongoing recovery.</p> <p>Monday, Wednesday and Friday, 9am - 5pm</p>

	<p>Tuesday and Thursday 8am – 8pm</p> <p>Stacey-Jo Speirits, Team Manager Stacey-Jo.Speirits@samh.org.uk Phone: 07713 092759 Amy McDougall, IPS Specialist amy.McDougall@samh.org.uk Phone: 07729 080697 Kaydi Shala, IPS Specialist kaydi.shala@samh.org.uk Phone: 07517 995882</p>
Scottish Families Affected by Alcohol and Drugs	<p>HQ in Glasgow but support offered Scotland wide</p> <p>Scottish Families supports anyone (age 16+) who lives in Scotland and is concerned about someone else's alcohol and/or drug use. Through our national helpline we can discuss with concerned family members their specific family situation and look at the best support options for them. Offering one-to-one family support service by a dedicated family support worker with phone or video call appointments available. Family support groups can also be accessed online.</p> <p>Free bereavement counselling for anyone age 16+ who has lost a loved one and that loved one had used alcohol and/or drugs, Scottish Families welcomes self-referrals and professional referrals. We also offer a national bereavement support group, which is held online each quarter.</p> <p>For advice, referral and signposting our National helpline is open during office hours with a call-back service available for out-of-hours calls. Freephone: 08080 101011 Email: helpline@sfad.org.uk Professionals can refer families looking to access family support or bereavement support direct to us via our secure online portal - https://www.sfad.org.uk/support-services/referral Webchat – www.sfad.org.uk Online enquiry form - https://www.sfad.org.uk/contact?subject=Helpline%20Enquiry</p>
SDF – National Training Programme	<p>SDF's National Traineeship, (formerly the Addiction Worker Training Project) supports and trains people with lived and living experience of drug and alcohol problems facing multiple employment barriers, to work in social care. This is done through: salaried work placements, quality assured training and an SVQ2 in Social Services and healthcare, whilst receiving intensive support during the paid 9 months of employment. SDF work with a variety of services across North Lanarkshire to provide pathways into the traineeship, placement experiences and employment destinations.</p> <p>Contact details: Lewis Boddy, Senior Development Officer. t: 0141 221 1175, Mobile: 07990 043 717, lewisb@sdf.org.uk</p>
Substance Misuse Nurse Liaison (SMNL)	<p>This service provides information, advice, care and treatment for individuals with drug and alcohol problems within the acute hospital setting.</p> <p>This service operates from accident and emergency departments at Monklands, Wishaw and Hairmyres hospitals.</p> <p>The service is run by two nurses at each hospital.</p>

	<p>Aims of the service The wider aims are to improve access to addiction services for people who misuse substances, through onward referral to services like the North Lanarkshire Integrated Addiction Service and other drug and alcohol services, including liaising with other agencies to provide seamless transfer to community care.</p> <p>What is provided by the service? The substance misuse nurses (SMN) provide a physical presence in the hospital environment, supporting patients, families and staff when alcohol or drug misuse is together with altered health status. Patients are referred to this service as inpatients from hospital wards, accident and emergency or hospital clinics as outpatients. The three hospital sites are Hairmyres, Monklands and Wishaw. The local aims of the service are the safe, appropriate and effective management of all patients whose misuse of alcohol or drugs is disclosed or discovered during assessment or treatment without exception, prejudice or judgement and onward referral for community support and care.</p> <p>For more information, contact your local addiction recovery team.</p>
Terrence Higgins Trust	<p>Terrence Higgins Trust - Luke Gallagher - Health Promotion Specialist for Lanarkshire - Mon to Fri 9.30 am – 5.30pm</p> <p>Terrence Higgins Trust provides services related to HIV and sexual health across Lanarkshire. We offer advice and one-to-one support to anyone concerned about their sexual health and have additional support options available for people living with HIV. We provide sexual health education to young people in schools and youth groups, and offer sexual health testing clinics and awareness campaigns in colleges and universities. We also offer advice and support relating to the LGBTQ+ community and MSM (men who have sex with men), including workplace training in LGBTQ+ Awareness, Chemsex, and LGBT-specific sexual health needs.</p> <p>Email: luke.gallagher@tth.org.uk Mobile: 07552527959</p>
Waverley Care/African Project	<p>Nathan Mwesigwa, 2nd Floor (Suite 1) 19 Waterloo Street, Glasgow, G2 6AY. Lanarkshire wide.</p> <p>The African Health Project works with African communities in Lanarkshire to raise awareness of HIV and other blood borne viruses like hepatitis B and hepatitis C. We are also there to highlight other local health services and support people to access them. Monday – Friday 9:00am – 5:00pm plus some evening/weekend working. Professional and individual self-referral via phone. nathan.mwesigwa@waverleycare.org or contactus@waverleycare.org</p> <p>Telephone: 0141 3322520 Mobile: 07853 041 130</p>

Waverley Care/Chinese Health Project	<p>Waverley Care/Chinese Health Project Benny Cheng, 2nd Floor (Suite 1) 19 Waterloo Street, Glasgow, G2 6AY. Lanarkshire wide.</p> <p>The Chinese Health Project works with Chinese communities in Lanarkshire to raise awareness of hepatitis B and other blood borne viruses like HIV and hepatitis C.</p> <p>We are also there to highlight other local health services and support people to access them.</p> <p>Tuesday – Thursday 9:00am – 5:00pm plus some evening/weekend working. Professional and individual self-referral via phone. benny.cheng@waverleycare.org contactus@waverleycare.org Telephone: 0141 3322520 Mobile: 07596 519 821</p>
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