

NLADP Support Service Directory



All updates and enquiries to the ADP Support Team via NLADP@lanarkshire.scot.nhs.uk



Addiction Occupational Therapy	Addiction Occupational Therapy is a Lanarkshire wide service based in the Addiction Recovery Teams (ART) in North Lanarkshire and the Community Addiction Recovery Service (CAReS) in South Lanarkshire.
	Therapists provide support to individuals whose ability to participate in daily activities has been impacted by substance use. They aim to enable individuals to maximise their independence in activities they want, need or are expected to do. Specialist functional assessments are carried out in collaboration with the individual and activity-based interventions are designed to assist achievement of personal goals.
	Elaine Wakefield - Occupational Therapist Advanced Practitioner, Addiction services (elaine.wakefield@Lanarkshire.scot.nhs.uk) Monday - Friday 9am - 5pm
Addiction Psychology	Michelle Cook, Head of Specialities Sophia Vezza, Lead for Addiction Psychology Service
Service (APS) NHS Lanarkshire	APS exists to address the psychological needs of adults with addiction and mental health difficulties living in Lanarkshire. <u>Direct Clinical Work:</u> The service offers individualised psychological assessment, formulation, and intervention. Clinicians are skilled in a number of evidence-based psychological therapies (e.g., CBT, CFT, EMDR, Schema Therapy). <u>Indirect Clinical Work:</u> APS psychologists provide consultation and guidance to other health professionals working within addictions and to professionals working in other areas who encounter addiction issues with individual patients.
	The APS accepts referrals from the following services who operate in Lanarkshire:
	 ART Addiction Psychiatry Community Prescribing Service Third sector addiction services Further ADP-funded and core Health and Social Care Partnership addiction services (in North and South Lanarkshire) Monday – Friday 9am till 5pm - Referrers are encouraged to have a discussion with APS prior to submitting a written referral. 01698 753830 / 01698 754930 Michelle.Cook@lanarkshire.scot.nhs.uk



Addiction Recovery Team (ART)

North Lanarkshire Addiction Recovery Teams provide assessment, care, treatment and support to individuals whose health and well-being is impacted upon as a consequence of their alcohol and/or drug use. The team comprises of social workers, addiction staff, nurses, occupational therapists, psychiatry and psychology. They can offer structured detox from substances, opiate replacement treatment, harm reduction interventions, assessment/access to residential rehab, linkage to community supports/reintegration and support with wider social issues including housing and benefits advice. The service accepts self-referrals or referrals from any other service involved in an individual's care.

Airdrie ART

Airdrie Community Health Centre 88 Graham Street, Airdrie, ML6 6DB

Email: airdrieaddictionsadmin@northlan.gov.uk

Phone: **01236 856126**

Bellshill ART

95 Main Street, Bellshill, ML4 3DZ

Email: bellsaddictionservices@northlan.gov.uk

Phone: 01698 403535

Coatbridge

Glen Nevis Building, Coathill Hospital Hospital Street, Coatbridge, ML5 4DN

Email: coataddictionservices@northlan.gov.uk

Phone: 01698 753656

Cumbernauld ART

Bron Chambers, Bron Way, North Carbrain Road,

Cumbernauld, G67 1DZ

Email: CumbernauldART@northlan.gov.uk

Phone: 01236 638842

Motherwell ART

48-59 Airbles Road, Motherwell, ML1 2PP Email: MotherwellART@northlan.gov.uk

Phone: 01698 755355

Wishaw ART Stewarton House

101 - 105 Stewarton Street, Wishaw, ML2 8AG

Email: WishawART@northlan.gov.uk

Phone: 01698 274070

Barnardo's Axis North

Karen Motherwell (Service Manager): **01698262443 option 3, 07824 307 929**, <u>karen.motherwell@barnardos.org.uk</u>
Graham Revell (Team Manager): **07824 707 738**, graham.revell@barnardos.org.uk

North Lanarkshire service providing support, advocacy and care coordination for young people impacted by their own or someone else's substance use. The service offers support to young people aged 11 – 21 (26 if care experienced), and their families. Working within a wider Recovery Orientated System of Care, the service will provide needs led interventions to support recovery and help individuals develop coping strategies which improve health and wellbeing. The service has an open referral policy allowing all agencies and family members to refer in.

For more information contact axislanarkshire@barnardos.org.uk Website: www.barnardos.org.uk

Monday – Friday 8.30 am – 9pm Saturday & Sunday 10am - 4pm



Barnardo's Youth
Housing Support
Service/Positive
Destinations/Family
Plus

Linda McCann, Children's Services Manager

North Lanarkshire service providing a holistic and integrated youth housing support service across North Lanarkshire's six localities, to promote independent living skills, minimise and prevent homelessness, and support tenancy sustainment. The service has a model of outreach intervention, providing a service 7 days per week, 365 days per year including any referrals to other services to ensure young people receive proactive and timely person-centred support.

- Youth housing 365 service, Monday-Friday 8.30am till 8pm Sat-Sun 11am till 3pm (weekends negotiable).
- Positive Destinations Monday-Thursday 9am till 7pm, Friday 9am till 4.30pm with the added value of support from Youth Housing 365 service.
- Family Plus Monday Friday 9a.m. 5 p.m.

Referral: Youth Housing via North Lanarkshire Housing Dept.

Positive Destinations & Family Plus - Any

Youth Housing - HYVE

Positive Destinations - 01698 262443 - <u>linda.mccann@barnardos.org.uk</u>

Family Plus - 01698 262443 - linda.mccann@barnardos.org.uk

BBV Prevention, Testing, Treatment and Care Network

Trish Tougher as BBV Network Manager Email: trish.tougher@lanarkshire.scot.nhs.uk

Lanarkshire wide BBV Network consists of a variety of services focused on preventing transmission of BBV infections. It consists of a wide range of services offering prevention advice, BBV testing, specialty services providing treatment/management of infection and care services to support people living with BBV infection.

- NHS Lanarkshire Harm Reduction Team Injecting Equipment Provision, Naloxone
- BBV and Sexual Health Team, C Card Scheme, Just Ask
- Terrence Higgins Trust (Third Sector) Get Rubbered (Postal Service MSM), Fast test clinic EK, LGBTI awareness, various training
- Health Promotion Department C Card Scheme, Postal Condom Scheme, variety of training opportunities
- PrEP- pre-exposure prophylaxis Lanarkshire Sexual Health Services Coathill and Infectious Disease Department UHM
- African Health Project (Third Sector) BBV awareness, Condom Provision, DBST, HIV Self Testing
- Chinese Health Project (Third Sector) Awareness Raising, BBV Testing, Hep B Vaccination
- Keep Well (Vulnerable populations criminal justice / mosques / homelessness)
- BBV Nurse Occupational Health NHSL
- Specialist Midwife Maternity Services NHSL/BBV awareness, antenatal screening, training.



BBV Specialist Midwife NHSL	Louise Pollock, Level 2, University Hospital Wishaw (UHW), Maternity services, Lanarkshire-wide. 01698 361100 ext. 8576 Louise.pollock@lanarkshire.scot.nhs.uk Mobile: 07557 494 365 or via MS Teams Monitoring of the routine antenatal communicable disease screening programmes. HIV, HBV and Syphilis (routine) and where current or previous history indicates recommend HCV testing. Specialist midwife responsible for antenatal serology screening programme and works closely with community midwife responsible for pregnant woman to ensure all relevant links with treatment and care services are achieved to minimise vertical transmission of infection. Staff training. Currently 26 hours per week Monday to Wednesday Any pregnant woman can refer to maternity services by themselves to book for antenatal care/consent to screening 10 midwifery localities - Airdrie, Bellshill, Cumbernauld, Coatbridge, Motherwell and Wishaw University Hospital Wishaw - Maternity service 24 hours/day
Breakthrough North Lanarkshire	Breakthrough is an intensive support service within North Lanarkshire, for individuals with alcohol or substance misuse, mental health or housing issues. We deliver a trauma-informed, person-centred approach working within a Connected Community model, linking in with other groups and agencies in the local area. We provide assertive outreach and sustainable connections to support individuals on their recovery journey, with direct support and engagement tailored to each individual's needs and pace. Referrals welcome via other agencies or self-referral. For more information please contact: Lauren lpollitt@bluetriangle.org.uk 07908 994 019 or Stuart sfortune@bluetriangle.org.uk 07908 994 021.
Circle's ANCHOR Project	Circle's Addiewell Services Georgina Lyttle (Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305. Referrals to our Addiewell service can either be self-referrals or by voluntary and statutory professionals. 1. A whole family support service for fathers, their children, and their families in response to supporting fathers who are leaving HMP Addiewell with children aged 18 and under and returning to North Lanarkshire, South Lanarkshire and West Lothian. The support encompasses working with the whole family to address parenting, addiction, housing, financial and relationship issues amongst others. 2. A service supporting fathers in custody within HMP Addiewell through intensive whole family support, therapeutic counselling, and a children's resilience service to address complex health and social care needs resulting from substance use, domestic abuse, and poor mental health. Covering families in North Lanarkshire (Funded by Corra Foundation)



Circle's Women's Outreach Team

Georgina Lyttle (Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305.

Referrals to the Women's Outreach Team can either be self-referrals or by a wide range of voluntary and statutory professionals. A whole family support and therapeutic counselling service for women who are mothers (with children aged 18 and under) and their families affected by domestic abuse, poor mental health, substance use and/or involved in the Criminal Justice System across North Lanarkshire & South Lanarkshire.

Circle's Family Wellbeing Team

Georgina Lyttle (Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305.

Referrals to the Family Wellbeing Team can either be self-referrals or by a wide range of voluntary and statutory professionals.

Circle will deliver an intensive wellbeing and therapeutic counselling service, in response to the complex health and social care needs experienced by parents due to their experiences of poor mental health, domestic abuse, and trauma. The project will deliver a complimentary blend of one-to-one support alongside a group work programme supporting parents and families (over 16) to improve their mental health and wellbeing.

Youth Justice and Rights Service (New Service)

Georgina Lyttle (Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305.

Circle will deliver an Early Effective Intervention (EEI) and Prevention service across Lanarkshire. This new service will promote the rights of children and young people as enshrined in the UNCRC and will be trauma recovery informed and strengthened by the core principles of the Promise. The service is informed by a welfare approach in supporting children and young people in conflict with the law, ensuring support for them and their families is provided at the earliest opportunity. The service will provide strengths-based

support to children and young people where their best interests are at the forefront of support, decisions and interventions that affect their lives.

Shine Women's Mentoring Service

Shine is a national mentoring service for women involved with justice services. The service is provided as a Public Social Partnership (PSP), a strategic partnership between public and voluntary sector organisations.

Sacro is the lead partner of Shine and enquiries can be made to infoshine@shinementoring.scot or contact Georgina Lyttle



	(Draiget Manager) Coorging Little @ sizele cost Circle's Head Office 0424 EE2 0205
	(Project Manager) Georgina.lyttle@circle.scot Circle's Head Office: 0131 552 0305.
	Women can be referred by a range of professionals including self-referrals and we accept prison and community referrals. The service is available to all adult females who are.
	 Serving a custodial sentence of less than four years and not subject to statutory supervision On remand Women who are subject to Drug Testing Treatment Order (DTTO) or Community Payback Order (CPO)
Community Prescribing	Duncan Hill / Dr Stephen Conroy
Service	Pan Lanarkshire, across all 10 localities - Provides prescribing support for all Addiction and Recovery Team (ART) services across NHS Lanarkshire. Case manage a number of patients through clinical consultations and appointments.
	Monday to Friday 9am – 5pm (plus 2 early evening clinics) referrals should be made through the ART locality teams
Criminal Justice Throughcare	Criminal Justice Throughcare - The NLC Justice Throughcare team works with individuals who are sentenced to any form of post release supervision, this includes lifelong prisoners, those sentenced to 4 years or more or those being released subject to extended sentence, section 15 licence or a supervised release order. The role of statutory throughcare begins once the individual is sentenced and the team remain involved throughout their custodial term and their release to the community. The focus of the team is on both public protection and supporting individuals transition back to their communities.
	If you wish to discuss this service please contact Kimberley Rodger on 01698 403984 or email restorativejustice@northlan.gov.uk
Drug Treatment & Testing Orders (DTTO) and Prison Throughcare North Lanarkshire Criminal Justice Social	A partnership between justice services and addiction recovery teams. Drug Treatment and Testing Orders (DTTOs) are one of a number of options available to the court when sentencing an individual for offending. DTTOs are aimed at people who have a significant drug misuse issue, and whose offending is linked to their drug misuse. Individuals placed on a DTTO are expected to have a high level of contact with their social worker and addictions worker and regular contact with the sheriff who placed them on the Order.
Work	Contact details: Rodney Mupedziswa, Senior Social Worker, 01698 403984 <u>mupedziswar@northlan.gov.uk</u>
Equals Advocacy Ltd	Brenda Vincent - All localities North Lanarkshire Equals Advocacy Ltd provides an advocacy service for adults 65+ in North Lanarkshire who have an addiction to alcohol or drugs. We recognise people with addictions as well as their addiction to substances often have difficulties including problems with housing, family relationships, offending behaviour, employment and debt.



	Advocacy:
	 Support the older person to have their voice heard Puts the older person at the center. Ensures that they have as much control as they want about decisions that affect their lives and are able to access resources and information to inform decisions that they make Protects and safeguards the interests of those who are unable to do so
	Referrals, 9 am to 5pm - referrals@equalsadvocacy.org.uk
GBV (Gender-Based Violence) Services	GBV (Gender-Based Violence) Services provide: Consultation to NHSL staff and ADP commissioned service staff who work with clients who have experienced abuse. The advocacy team can discuss circumstances of a case you are dealing with to help you consider the issues of violence and abuse in your assessment.
	Specialist information and support to staff who have experience of abuse. Staff should call to discuss if self-referral is suitable.
	Training on all aspects on Gender-Based Violence.
	Operational advice and support on all aspects of GBV service provision. The service is available Mon-Fri, 9am-5pm
	Contact details 01698 753686 GBVServices@lanarkshire.scot.nhs.uk
Kickstart - North	Robyn Gowrie GowrieR@northlan.gov.uk
Lanarkshire Council	The Kickstart programme is designed to support individuals aged 18+ experiencing problems with substance use or who are in recovery. Free weekly structured football sessions are provided, and aim to improve confidence, self-esteem, communication and social skills.
Lanarkshire Additional	Tracy McGlone, Tracy.mcglone@lanarkshire.scot.nhs.uk 07810 127 580
Midwifery Service (LAMS)	We provide <i>person-centred care</i> tailored to the needs of the woman and her family
(=:)	Work alongside the <i>Named Midwife</i> to coordinate additional support dependent on need
	Risk assessment determines level of input from LAMS
	Outcome Star to prioritise specific areas to target support



	Promote recovery using a strengths based approach
	Provide 1:1 Interventions to build parenting capacity.
	Support family to engage with services
	Flexibility between clinic and home setting
	Mon-Fri working hours – referral by email or phone
LANDED Peer	Jacqui Flanagan - Service Manager jacqui@landed.info
Education Service	Andy McKinnon - Development Officer andy@landed.info
	LANDED provides Substance Use training opportunities for staff members who work directly with young people, and parents, carers and wider family members, using a harm reduction approach. We also deliver awareness raising workshops to young people throughout Lanarkshire on the topics of drugs, alcohol, tobacco/ vaping, cannabis, basic sexual health and positive relationships. We provide volunteering opportunities for young people who are interested in becoming peer educators, and develop awareness raising resources that support workshop delivery and reduce barriers to learning.
	01698 269872 enquiries@landed.info
LHAHC (Blood Borne Virus Service)	Dr N Kennedy Lead Clinician / Sharon Woods Lead BBV Nurse Specialist.
,	Providing testing treatment and care for HIV, Hepatitis B and Hepatitis C for the whole of Lanarkshire. HIV specialist clinics held at University Hospital Monklands with a monthly outreach clinic in Cambuslang.
	Hepatitis B and Hepatitis C specialist clinics take place at University Hospital Monklands and at University Hospital Hairmyres. Hepatitis B and Hepatitis C outreach clinics are also held at locations throughout Lanarkshire including Airbles Road Motherwell, Lanark Health Centre, Douglas Street Hamilton, Cambuslang Gate, HMP Shotts and the State Hospital at Carstairs.
	Referrals can be emailing to us on ld-bbvservice@lanarkshire.scot.nhs.uk
	Appointment made by calling 01698 752445 / 01698 752444



MAV	Navigators
Wish	aw

The Navigators are support workers, some with lived experience, who connect with patients who come into the Emergency Department and work with them in the community on discharge from hospital to connect them with services that can support them to make changes in their lives.

Navigators provide psychosocial support for a wide range of issues; these include violence, alcohol or drug issues, mental health issues, domestic abuse, homelessness, social isolation and debt issues, and sadly often a combination of these things. Working with the individual they help them to connect them with services, both statutory and third sector that will help them to stabilise their lives and to move forward.

Each intervention is unique, each package of care tailored to an individual's specific needs. Navigator embodies the NHS ethos of patient centred care.

Contact details: Rob & Marine navigator.wishaw@mav.scot

NHS Lanarkshire Blood Borne Virus & Sexual Health Promotion Team

Gail Fulton @ail.Fulton@lanarkshire.scot.nhs.uk Jude Irwin jude.irwin@lanarkshire.scot.nhs.uk

www.Lanarkshiresexualhealth.org

The team operates NHS Lanarkshire's Condom Distribution Scheme (CDS) providing free condoms and lubricant Lanarkshire wide to those who live, work or study in Lanarkshire.

Condoms can be obtained from one of the 117 <u>C Card Centres</u> which are available throughout Lanarkshire usually within health Centres, Community Pharmacies and some GP practices.

Those with a Lanarkshire address can use the Condoms by Post service.

In addition, the Just Ask aspect of the CDS provides condoms, lubricant and other resources to specific services/organisations such as those working with people involved in the criminal justice system, young people, addiction services, refugee/asylum seekers etc.

If there is a service interesting in becoming a member of the Just Ask Service they should contact the scheme co-ordinator carol.rattray@lanarkshire.scot.nhs.uk

Training sessions are offered throughout the year covering a wide variety of topics including - BBV awareness, LGBT+ identities, Sexual Health and Relationships Education, Sexting etc. For further information please email:

NHSLHealth.ImprovementTraining@lanarkshire.scot.nhs.uk



NHS Lanarkshire Forensics & Addictions	Dr Laura Steven - Consultant Forensic Psychiatrist Clinical Director for Forensics & Addictions in NHS Lanarkshire lona Low Secure Inpatient Unit Beckford Lodge Caird Street Hamilton ML3 0AL
	01698 687552
NHS Lanarkshire Harm Reduction Team	Leon Wylie, Pan Lanarkshire (Outreach). Support for people using substances to remain as well as possible with a focus on Blood Borne Virus prevention, concerns with injecting and overdose prevention/naloxone provision. We will meet people wherever they feel is best and have the option of facilitating this through the use of the team's outreach van. The Harm Reduction Team work with people who are currently receiving assistance from other services as well as people who are not involved elsewhere. The team are happy to explore options with people about where they might gain support from other agencies as well as continue to provide ongoing harm reduction engagement if this is helpful for them. 9am-5pm – referral by Phone, paper, email, self-referral, pharmacy, treatment service, homeless units and services harmreductionteam@lanarkshire.scot.nhs.uk Office: 01698 753 657 Outreach North: 07810 153 940 South: 07884 454 961
NLC - Contextual Safeguarding Approach	North Lanarkshire Council are implementing the Contextual Safeguarding approach on a multi-agency basis What is Contextual Safeguarding ? Contextual Safeguarding. A Theory of Change has been created to enable services to think of the key actions required to address extra familial harm. <a href="Developing North Lanarkshire's Response to Extra-Familial Risks and Harms - Overview Rise 360 (articulate.com) This includes working to understand and intervene when there are harmful interactions between young people, families, peers, schools, and communities, including online. Contextual safeguarding was designed to enhance responses to abuse and significant harm in extra-familial settings, and can add value to various stages of practice including engagement, assessment, planning and intervention as well as prevention. For further information or support please contact Nicole Savage, Senior Officer savagen@northlan.gov.uk
NLC Creative Faces	North Lanarkshire Council in partnership with North Lanarkshire ADP fund Barnardos to provide groups for young people that are a safe social space to allow for reduction in potential harm of social isolation and avoidance to self-medicating actions through substance misuse. Within the group members, there exists a common theme of vulnerable young adults who have experienced substance misuse within their own lives and/or that of family members resulting in homelessness and requirement for housing support. Contact details: Linda McCann, 07842 634 487, Linda.McCann@Barnardos.org.uk



NLC Family Plus	North Lanarkshire Council Housing work in partnership with Barnardos to refer families who present to them as homeless and are affected by domestic abuse and substance use. Barnardos offer a Family Plus worker whole works with the whole family for as long as they require the support. Contact details: Linda McCann, 07842 634 487, Linda.McCann@Barnardos.org.uk
NLC Lifeskills Coach – Positive Destinations	North Lanarkshire Housing and Social work in conjunction with Barnardos provide training and reception flats, a Lifeskills Coach that works with young people who are in the process of moving on from the care of the local authority or a supported carer placement to independent living.
	Contact details: Linda McCann, 07842 634 487, Linda.McCann@Barnardos.org.uk
North Lanarkshire	Craig Reilly, Team Leader, craig@equalsay.org
Equal Say Advocacy	All 6 localities - independent advocacy to adults aged 18 to 64 who live in North Lanarkshire and have a disability, long term condition or addiction. Advocacy is provided by a team of caseworkers on a 1:1 basis and is issue based.
	01698 358 245 Or via website https://www.equalsay.org/projects/north-lanarkshire-advocacy/ referral form on website. The service has an open and confidential referral policy. Anyone can refer in any way that suits them, this can be the person themselves, a family member or any type of worker.
North Lanarkshire Arrest Referral	North Lanarkshire Arrest Referral New support service engaging with people coming onto police custody where alcohol/drugs has been a factor. Offering support with:
	Substance Use Issues
	Signposting to other relevant services
	Support to attend initial appointments
	You can contact the service directly or ask the police officers to contact us:
	nlarrestreferral@recoveryscotland.cjsm.net
	07920 234 691 / 692 0800 008 7072
North Lanarkshire	The Bridges and beyond service was established following the positive outcomes being achieved via the community bridges
Bridges and Beyond Project	project. The bridges and beyond project takes the key principles of NLCBP and extends this to all other prison establishments across Scotland. The service works with all individuals serving a short term prison sentence who are returning to NLC. This service can also be accessed by contacting Kimberley Rodger on 01698 403984 or email: restorativejustice@northlan.gov.uk



North Lanarkshire Community Bridges Project	North Lanarkshire Community Bridges Project- NLCBP was set up in 2011 to tackle the issues around drug and alcohol related problems for individuals serving short term sentences of less than four years within HMP Addiewell returning to North Lanarkshire. The key principles of the service are as follows; • Opt out service, following an assertive outreach approach which is person centred • We utilise our position being based within a local authority to ensure that individuals risks and needs are fully considered and responded to • We have strong partnership arrangements in place with housing services, addiction recovery teams and our tackling poverty team. This ensures timely access to services and ensures that individuals are being released to appropriate accommodation • We work with individuals 6 months prior to their release to build relationships, utilising the outcome star assessment tool to guide our support and evaluate success of our interventions • We provide gate pickups and 1:1 support throughout • We provide support to family members and ongoing referrals as necessary To access the service please contact Kimberley Rodger on 01698 403984 or email: restorativejustice@northlan.gov.uk
North Lanarkshire	
Crisis Outreach Team	Melissa Reid melissareid@turningpointscotland.com Turning Point Scotland. Based at Unit 82-86 Stirling Street, First Floor, Stirling House, Airdrie, ML6 0AS North Lanarkshire Crisis Outreach offers a rapid response to near-fatal overdose providing a short, focused period of support to each person and assertively engaging them with mainstream alcohol and other drug services and services and resources within the community.
	A crisis response to housing in relation to alcohol and drugs and an assertive outreach. The team will respond within a 24/48 period after NFO and provide short term interventions.
	Referral via NorthLanarkshireCrisisOutreachServiceReferrals@turningpointscotland.com, NorthLanarkshireCrisisOutreachService@turningpointscotland.com or 08081714040.
North Lanarkshire Recovery Community	NLRC provides safe, drug and alcohol free events to help you build and develop your re-covery. We ask all attending to come along drug and alcohol free on the day. We are an in-clusive and non-judgemental community committed to empowering people in recovery.
	NLRC is a community of people committed to making recovery from addictions happen in North Lanarkshire. We will be delivering a variety of events every week throughout the area. All events are organised by people in recovery. NLRC encourage the use of mutual aid through SMART and 12 step fellowship. Future developments will include training and placement of volunteers, further cafes and fun things to do!



OTHER ACTIVITIES: RECOVERY CAFES: MONDAY 1.30PM - 3PM MONDAY 1PM - 4PM Street Soccer 20A Hallcraig Street, Airdrie ML6 6AH Motherwell Football Club **WEDNESDAY 1PM - 4.30PM** ML1 2QN St Lucy's Church, Hornbeam Rd, **WEDNESDAY CAFÉ** Abronhill, Cumbernauld, G67 4NG **THURSDAY 11.30AM - 1.30PM** Guitar/Music Lesson 1pm – 2pm Qigong/Meditation 2.30pm - 3pm Womens Recovery Group THURSDAY 20A Hallcraig Street, Airdrie ML6 6AH Fishing, Walking Groups - Contact Dave, John or Walter for **FRIDAY 12.30PM - 4PM** more details Forgewood Community Centre **FRIDAY CAFE** 49 Dinmont Crescent, Motherwell ML1 3TT Boxercise (Alternate Fridays) 12.30pm - 1.30pm SATURDAY 10AM - 12PM Art Therapy 1pm - 3pm 20A Hallcraig Street, Airdrie ML6 6AH **NLRC Team Leader** Contact Details: Maria 07920 234 693 NLRCTeamLead@recoveryscotland.org.uk Youth Bridges provides a service for North Lanarkshire young people under 21 years of age who are remanded in custody or North Lanarkshire receive a custodial sentence of under four years in HMP Polmont, in order to aid their reintegration and transition back to the **Youth Bridges** community. The work undertaken by Youth Bridges targets the most vulnerable prisoners and works with them to reduce the risk factors which could involve them in re-offending and return to custody. No distinction is made between those on remand or serving a custodial sentence and there is no time limit on intervention. The service is voluntary but is intensive and responsive to need, including evening and weekend support when required. Workers take an assertive outreach approach, which recognises the right of young people to decline the service but also strongly promotes the benefits of intensive support to divert young people to a more positive lifestyle. A holistic, person centred approach ensures that individualised plans focus on areas of vulnerability and strong links are in place with other organisations including housing, health and addiction, employability, education/ training providers and other relevant support services. Contact Elspeth Jenkins, Senior Social Worker, Community Alternatives 01236 638500 Mon - Fri 8.45 - 4.45 or elspethjenkins@northlan.gov.uk Phoenix Families offers support and someone to speak to for family members impacted by loved ones' Drug and/or Alcohol use. **Phoenix Families** Phoenix Families offer confidential one to one and group support for all family members across North Lanarkshire. Family

members can also speak to trained volunteer peer Mentors with lived experience.



	Email: northlanarkshirefamilies@phoenixfutures.org.uk Phone: 01236 802 600
Phoenix Futures	Jeanne Rutherford, Locality Manager, 07580 902773 jeanne.rutherford@phoenixfutures.org.uk Becky Hall, Team Manager, 07562 171186 becky.hall@phoenixfutures.org.uk
	North Lanarkshire – we operate across the 6 localities. We have an office base in Coatbridge and provide appointments from Motherwell and Bellshill ART team offices. Phoenix Futures is a Tier 1-2 service that supports individuals and families affected by drug and/or alcohol use. We work across the 6 localities of North Lanarkshire and provide assessment and risk assessments, 1:1 work, Assertive Outreach, CBT counselling, group work programme including SMART recovery, Peer support and Recovery Through Nature,1:1 Peer Mentoring, Support for prisoners pre and post liberation and arrest referral support within Coatbridge Custody suite. We will also support individuals to access other services and signpost where appropriate.
	Monday 8.30am to 4.30pm Tuesday 8.30am to 8pm Wednesday 8.30am to 4.30pm Thursday 8.30am to 8pm Friday 8.30am to 4.30pm
	Self-referral, referrals from family members and loved ones and referrals from other agencies and services. 01236 425338/01236426385 <u>Lanarkshire.communities@phoenixfutures.org.uk</u>



Prison to Community Service	The Phoenix Futures North Lanarkshire Prison to Community Service offers support to individuals being liberated from prison to the NL area who have or have had issues with alcohol and/or substances.
	Support offered can include:
	1:1 support through agent visits Pre/Post Lib recovery care planning Gate pick up Support to attend Housing, Social Work, Health, Benefit appointments Ongoing Recovery support/groups/meetings in the Community 1:1 CBT counselling Family support Referring and Signposting to external service To make a self-referral or to refer on someone's behalf please contact: Becky Hall, Prison Link Worker.
	Email: becky.hall@phoenixfutures.org.uk Phone: 07562 171186
Scottish Action for Mental Health	Individual Placement and Support (IPS) North Lanarkshire Addictions Service supports people in recovery from alcohol and or substance use into employment. It involves intensive, individual support, a rapid job search followed by placement in paid employment, and time-unlimited in-work support for the employee, the employer and recovery teams. The key focus of the evidence based IPS programme is to find the individual employment in a role they enjoy and feel confident in whilst at the same time have the support of their IPS worker and recovery teams to maintain ongoing recovery.
	Monday, Wednesday and Friday, 9am - 5pm Tuesday and Thursday 8am – 8pm
	Stuart Rankin, Team Manager Stacey-Jo Speirits, IPS Specialist Amy Cameron, IPS Specialist Stacey-Jo.Speirits@samh.org.uk Amy.Cameron@samh.org.uk Phone: 07710 432074 Phone: 07713 092759 Phone: 07355 022458



Scottish Families	LIO in Classey but support offered Costland wide
	HQ in Glasgow but support offered Scotland wide
Affected by Alcohol and Drugs	Scottish Families supports anyone (age 16+) who lives in Scotland and is concerned about someone else's alcohol and/or drug use. Through our national helpline we can discuss with concerned family members their specific family situation and look at the best support options for them. Offering one-to-one family support service by a dedicated family support worker with phone or video call appointments available. Family support groups can also be accessed online. Free bereavement counselling for anyone age 16+ who has lost a loved one and that loved one had used alcohol and/or drugs, Scottish Families welcomes self-referrals and professional referrals. We also offer a national bereavement support group, which is held online each quarter.
	For advice, referral and signposting our National helpline is open during office hours with a call-back service available for out-of-hours calls. Freephone: 08080 101011 Email: helpline@sfad.org.uk
	Professionals can refer families looking to access family support or bereavement support direct to us via our secure online portal - https://www.sfad.org.uk/support-services/referral Webchat – www.sfad.org.uk
	Online enquiry form - https://www.sfad.org.uk/contact?subject=Helpline%20Enquiry
SDF – Addiction Worker Training Programme	Trainee's with SDF, learn how to support people who are currently experiencing drug and alcohol problems. Being supported to use their own experience alongside professional training during a nine-month paid work placement in one of SDF's local partner agencies.
	They support trainees to complete a qualification which is the industry standard for working in the drug, alcohol and wider health and social care field, and will open up long term employment opportunities for them.
	Contact details: Lisa Bradley, Co-ordination and Development Officer, Addiction Worker Training Project. t: 0141 221 1175 , Mobile: 07733110895 , lisab@sdf.org.uk
Substance Misuse Nurse Liaison (SMNL)	This service provides information, advice, care and treatment for individuals with drug and alcohol problems within the acute hospital setting.
	This service operates from accident and emergency departments at Monklands, Wishaw and Hairmyres hospitals. The service is run by two nurses at each hospital.
	Aims of the service The wider aims are to improve access to addiction services for people who misuse substances, through onward referral to services like the North Lanarkshire Integrated Addiction Service and other drug and alcohol services, including liaising with other agencies to provide seamless transfer to community care.



	What is provided by the service? The substance misuse nurses (SMN) provide a physical presence in the hospital environment, supporting patients, families and staff when alcohol or drug misuse is together with altered health status. Patients are referred to this service as inpatients from hospital wards, accident and emergency or hospital clinics as outpatients. The three hospital sites are Hairmyres, Monklands and Wishaw. The local aims of the service are the safe, appropriate and effective management of all patients whose misuse of alcohol or drugs is disclosed or discovered during assessment or treatment without exception, prejudice or judgement and onward referral for community support and care. For more information, contact your local addiction recovery team.
Terrence Higgins Trust	Terrence Higgins Trust - Luke Gallagher - Health Promotion Specialist for Lanarkshire - Mon to Fri 9am - 5pm This service supports the LGBTQ+ community and men who have sex with men (MSM) in Lanarkshire. We offer awareness training and information on LGBTQ+ and MSM issues to schools, colleges, universities, and other organisations including youth groups and businesses, available to both staff/volunteers and student's/service users. We are also available to give advice on Sexual Health, STIs, and BBVs.
Waverley Care/African Project	Email: luke.gallagher@tht.org.uk Mobile: 07552527959 Nathan Mwesigwa, 2nd Floor (Suite 1) 19 Waterloo Street, Glasgow, G2 6AY. Lanarkshire wide. The African Health Project works with African communities in Lanarkshire to raise awareness of HIV and other blood borne viruses like hepatitis B and hepatitis C. We are also there to highlight other local health services and support people to access them. Monday – Friday 9:00am – 5:00pm plus some evening/weekend working.
	Professional and individual self-referral via phone. nathan.mwesigwa@waverleycare.org or contactus@waverleycare.org Telephone: 0141 3322520 Mobile: 07853041130
Waverley Care/Chinese Health Project	Waverley Care/Chinese Health Project Benny Cheng, 2nd Floor (Suite 1) 19 Waterloo Street, Glasgow, G2 6AY. Lanarkshire wide. The Chinese Health Project works with Chinese communities in Lanarkshire to raise awareness of hepatitis B and other blood borne viruses like HIV and hepatitis C. We are also there to highlight other local health services and support people to access them. Tuesday – Thursday 9:00am – 5:00pm plus some evening/weekend working. Professional and individual self-referral via phone. benny.cheng@waverleycare.org contactus@waverleycare.org Telephone: 0141 3322520 Mobile: 07596 519821